

# NOLS COLLEGE CREDIT INFO

The National Outdoor Leadership School (NOLS) began offering college credit through Green Mountain College beginning in the Fall of 1999. NOLS college credit is administered by the College's Department of Recreation and Leisure Studies (RLS). Additionally, NOLS semester courses offer 3 hours of Natural Science credit through the Math/Science Department. The following are descriptions of the Green Mountain College courses for which credit may be received on a pass/fail basis by attending NOLS.

**BIO 1071 Field Studies in Natural Science (3 credits)**- It is the goal of this course to train individuals to be safe, competent outdoor persons who can live and study comfortably in the wilderness while leaving a minimal amount of impact. With an emphasis on practical field studies and learning ecological principles, students develop an awareness and understanding of the natural sciences from both a theoretical and practical standpoint. Specific topics fall within the scientific domains of Human Physiology and Natural Science.

**REC 1032 Leadership and Group Dynamics (4 credits)** - This course provides knowledge of group dynamics and an understanding of leadership for recreation programs. It examines the history and theory of the leader's role in leisure settings. Specific aspects of leadership include: group management, activity leadership, communication, participant behavior, meeting special needs, use of resources/ the natural environment, and professionalism. Activities are used to develop leadership abilities.

**REC 1041 Outdoor Living Skills (3 credits)** - This course is designed to provide students with the skills necessary for living comfortably in a three season (spring, summer, fall) natural environment. Students will be given opportunities for the application of the principles of responsible use of the environment for recreation and leisure, including leadership, teamwork, decision making and problem solving with the intent of minimizing human impact while maximizing safety and enjoyment.

**ELA 1065 Leisure Appreciation and the Natural Environment (3 credits)** - Exploration of the concept of leisure and the value it possesses for enabling individuals to enjoy healthy and satisfying lifestyles. Specific attention will be given to the identification of personal leisure values and the establishment of a personal leisure philosophy as related to outdoor environmental settings. Course content will include history of the outdoor environmental ethical movement, leisure values(s) clarification, and the contributions of a healthy leisure attitude to personal health. Course methodology may include case study, field trip, and service project.

**REC 1009 Outdoor Skills Practicum (1-4 credits)** - This course will provide students with the opportunity to participate in leisure life-skills involving interaction with the natural environment. A wide variety of options will be available from which students can choose, ranging in intensity from relatively low to high. Activities may include, but are not limited to: paddle-sport, mountaineering, and sailing.

**REC 2315 Wilderness First Responder (WFR, 3 credits)**- A certification course offered by Wilderness Medicine Institute (WMI) of NOLS. It is an 80 contact hour course In includes the American Heart Association Cardio-Pulmonary Resuscitation (CPR) Certification at the Adult Heartsaver Level. The course is completed in an intensive 8 day format. (An Option within Rockies, Educator, Teton, and Patagonia Semester Courses only.)

## REGISTRATION:

We require the three items listed below from students who wish to receive college credit. These forms and payment are due at the same time as the other Admission Forms for your course.

- 1. Payment** labeled "for college credit" with the student's name and course code. Please see your acceptance letter for course code and cost of college credit. Make the check payable to NOLS.
- 2. A signed Statement of Understanding.**
- 3. A completed Green Mountain College Form.** (Included in your acceptance packet. Complete the left side only.)

## Application for Credit for NOLS Programs

If you wish to take a NOLS Course for credit at Green Mountain College, please fill out the registration form below. Once you have completed the form and signed the Statement of Understanding, please return the form, with payment, as noted in your enrollment letter. Be sure to read the college credit information in your packet of information.

Name: \_\_\_\_\_ Application ID #: \_\_\_\_\_

Street Address: \_\_\_\_\_ Gender: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

NOLS Program: i.e., Semester in the Rockies \_\_\_\_\_

Semester of Study: i.e., Spring 2006, Fall 2006 \_\_\_\_\_

Number of credits you are applying for: \_\_\_\_\_ (Please note that if you are not applying for full-time credit (12 credits) there may be ramifications regarding part-time status. Please check with your home institution for further information.)

### **STATEMENT OF UNDERSTANDING: GREEN MOUNTAIN COLLEGE**

I hereby acknowledge that I have enrolled in the National Outdoor Leadership School and have registered for college credit to be granted by Green Mountain College. I understand that the only function of Green Mountain College in this program is that of a credit granting body and that the College does not participate in the supervision, management, or execution of the National Outdoor Leadership School, its employees, agents, and/or participants. In consideration of the credit granted to me by Green Mountain College, I hereby agree to indemnify and hold harmless Green Mountain College of all damage, injury, or other loss to me, or my property, resulting from my participation in this course. I understand that my participation in this course does not entitle me to regular student benefits and privileges at Green Mountain College.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Please send an official transcript upon completion of the NOLS Program to:

Office of the Registrar  
Green Mountain College  
One College Circle  
Poultney, VT 05764

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date