Bodhisattva Prayer for Humanity

May I be a guard for those who need protection
A guide for those on the path
A boat, a raft, a bridge for those who wish to cross the flood
May I be a lamp in the darkness
A resting place for the weary
A healing medicine for all who are sick
A vase of plenty, a tree of miracles
And for the boundless multitudes of living beings
May I bring sustenance and awakening
Enduring like the earth and sky
Until all beings are freed from sorrow
And all are awakened.

- Shantideva, Indian Buddhist sage 700 A.D. Prayer performed each morning by His Holiness the Dalai Lama

Upcoming Events:

Wednesday, April 29th:

Meditation for Nepal - 2pm Withey Lawn - Many of us have been concerned about the people of Nepal and the devastation they are living with due to the earthquake, wishing there was a way to make a difference. Healers Club will be facilitating a campus-wide group meditation focusing on sending healing thoughts to those affected by the earthquake in Nepal. Everyone is welcome & encouraged to join to add to the collective power of this ceremony.

(Here is a link for those interested in finding out more about the power of group meditations: http://www.spiritscienceandmetaphysics.com/proof-that-group-meditation-can-change-the-world/)

Community Conversation- Gorge at 4pm - Student Senate is hosting a community conversation this Wednesday at 4pm in the East Room. They will be presenting a new platform for the community conversation to adopt next year in order to have monthly meetings that promote communication and cooperation across all levels of the campus community and encourage collaborative and proactive initiatives to address systemic and circumstantial issues. On Wednesday those gathered will also address three specific issues: Cameras in the parking lots, Creating a culture of respect and honor for DTZ and Chartwells staff, and the recent rise in theft on campus.

Spirituality Club – Chapel 6pm – Building tolerance and understanding between people of diverse religions and spiritual backgrounds. Come and join the conversation. Everyone is welcome.

Friday – 2-4pm Labyrinth Work Party. Take a break from writing papers and prepping for exams. Come help us do some “spring cleaning” at the labyrinth. Snacks for all workers!

Need some time out? Take good care of yourself – body, mind & spirit – wise. Email me for an appointment to talk about whatever is on your mind. Shirley.oskamp@greenmtn.edu